

Active ingredients: Water, Coconut Oil, Hempseed Oil, Sunflower Oil, Vitamin E, Mineral Oil, Stearic Acid, Glyceryl Stearate, Natural Fragrance

## Product Summary

### Natural Hand Lotion

Our natural lotions are formulated to be gentle and nourishing. They are free from sulfates, parabens, and artificial fragrances, and may be better for those with sensitive skin or allergies. Our lotions can help to soothe the skin with natural moisturizers leaving it soft and supple.

## Responsible Cautions

- ▶▶ Keep out of reach of children and pets.  
If you are pregnant, nursing, or under a
- ▶▶ doctor's care, consult your healthcare provider prior to use.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

## Ingredient Highlights

### Coconut Oil:

"Coconut oil – extracted from the white, pulpy portion of this palm tree nut – is rich in free fatty acids that, according to small human studies, can improve skin hydration, reduce itching, dryness, and rashes, including eczema. Some of those fatty acids can also reduce common germs that live on the skin (including Staph aureus) that are known for riling up eczema."

#### Research:

<https://blogs.webmd.com/healthy-skin/20181129/what-can-coconut-oil-do-for-your-skin>

### Hemp Seed Oil:

Spreading hemp oil on your skin as a topical application can also reduce symptoms and provide relief for several types of skin disorders. One study showed that hemp oil can act as an effective acne treatment, though more research is needed in this area.

#### Research:

<https://www.webmd.com/diet/hemp-oil-good-for-you>

### Sunflower Seed Oil:

Sunflower seed oil is rich in vitamin E, which is an antioxidant that helps protect the body from free radicals. This oil also contains linoleic acid, an essential fatty acid that is necessary for good health. Additionally, sunflower seed oil is a good source of oleic acid, which can help reduce bad cholesterol levels and lower the risk of heart disease. It is also lightweight and non-greasy, making it a popular choice for use in skincare products.

#### Research:

<https://pubmed.ncbi.nlm.nih.gov/?term=sunflower+seed+oil>