



Ingredients:

Dried / Ground Bladderwrack, Burdock Root, and Irish Sea Moss inside 100% plant-derived vegetable capsules: HPMC, hydroxy, propyl, methyl, cellulose, and purified water (HPMC is a wood pulp derived from the softwood tree species including pine and spruce)

**Recommended Serving:
3 Capsules Per Day**

Product Summary

Together, these ingredients could potentially provide a variety of health benefits such as supporting thyroid function, reducing inflammation, and promoting healthy digestion.

Responsible Cautions

- ▶ Keep out of reach of children and pets.
- ▶ If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

Ingredient Highlights

Bladderwrack:

Bladderwrack is a type of seaweed high in iodine and dietary fiber that may support thyroid health. Contains anti-inflammatory, anti-oxidant, anti-tumor, anti-coagulant, and anti-diabetic, carbohydrates, protein, minerals, polyunsaturated lipids, and several other health-promoting compounds

Research

<https://pubmed.ncbi.nlm.nih.gov/?term=bladderwrack+>

Burdock Root:

Burdock root is rich in antioxidants and may have anti-inflammatory properties. Contains anti-inflammatory, anti-oxidant, anti-tumor, anti-coagulant, and anti-diabetic properties as well as vitamins, protein, amino acids, polysaccharides, phenols, and dietary fiber.

Research:

<https://pubmed.ncbi.nlm.nih.gov/20981575/>

Irish Sea Moss:

Irish sea moss, also known as Irish moss, is a type of seaweed that is rich in minerals and may support digestive health. Contains anti-inflammatory, anti-coagulant, antibacterial, anti-tumor, anti-viral, antidiabetic, procoagulant, and anti-thrombotic properties, also contains vitamins, minerals, fiber, protein, amino acids, and polyphenols.

Research:

<https://pubmed.ncbi.nlm.nih.gov/?term=irish+moss>