



Active Ingredients:

DHEA, Citrulline, Tongat Ali **Other ingredients:** Rice Flour Gelatin

**Recommended Serving:
2 capsules daily**

Product Summary

Testosterone Booster Plus was formulated by a practicing Urologist, with over 40 years of experience treating patients. The ingredients in Testosterone Booster Plus are all clinically proven to work to boost your body's natural testosterone levels. Testosterone Booster Plus is an all-natural way to boost your testosterone for improved athletic performance, increasing testosterone levels and more.

Testosterone Booster Plus Benefits:

- Increases Testosterone Levels
- Increases Energy
- Enhances Sexual Drive and Performance
- Better Energy Metabolism
- Increase Exercise Training & Muscle Health
- Athletic Enhancement

A Few things to keep in mind:

- Physical exercise and healthy eating habits can help control your weight and will improve cardiovascular health. (This helps you body naturally maintain T-Levels)
- Alcohol in excess can cause weight gain, increase estrogen levels in men, and negatively impact cells that produce testosterone.

Ingredient Highlights

L-Citrulline

Works to increase nitric oxide that causes increased blood flow without complications according to a study in the Journal of Urology. In this study, men were very satisfied with their results and no adverse effects occurred with L-Citrulline.

Research:

<https://pubmed.ncbi.nlm.nih.gov/?term=L-Citrulline+>

DHEA:

DHEA, or dehydroepiandrosterone, is a steroid hormone that is naturally produced by the adrenal glands, which are located on top of the kidneys. It serves as a precursor to both testosterone and estrogen, which are important sex hormones. DHEA levels tend to peak in early adulthood and then gradually decline with age.

DHEA plays a role in various bodily functions, including:

1. **Hormone Production:** As mentioned, DHEA is a precursor to other hormones, particularly testosterone and estrogen. It can be converted into these hormones in various tissues of the body.
2. **Anti-Aging and Immune Function:** Some proponents of DHEA supplementation believe it has potential anti-aging effects and may support immune function. However, scientific evidence for these claims is limited and often conflicting.
3. **Energy and Mood Regulation:** DHEA is thought to influence energy levels and mood, although the exact mechanisms are not fully understood.
4. **Bone Health:** Some studies suggest that DHEA might play a role in maintaining bone health and density.
5. **Metabolism:** DHEA has been associated with metabolic processes, including insulin sensitivity and body composition.

Due to its potential role in hormone production and various bodily functions, DHEA has gained attention as a supplement. It is available over-the-counter in many countries and is often marketed as a way to improve energy levels, mood, and overall well-being. However, it's important to note that the scientific evidence supporting the benefits of DHEA supplementation is mixed and limited. Additionally, DHEA supplementation can have side effects and interactions with other medications, so it's important to consult a healthcare professional before considering its use.



Active Ingredients:

DHEA, Citrulline, Tongkat Ali **Other ingredients:** Rice Flour Gelatin

Research:

DHEA

<https://pubmed.ncbi.nlm.nih.gov/?term=DHEA>

Tongkat Ali:

Tongkat Ali, also known as *Eurycoma longifolia* or Malaysian ginseng, is a herbal plant native to Southeast Asia, particularly found in Malaysia, Indonesia, Thailand, and Vietnam. It is a popular traditional remedy in these regions and is also gaining recognition in other parts of the world for its potential health benefits.

The root of the Tongkat Ali plant is typically used for various medicinal purposes. It has been traditionally used as an aphrodisiac and to enhance male fertility and sexual performance. Additionally, Tongkat Ali is believed to have potential benefits for increasing testosterone levels in men, which could lead to improvements in energy, mood, and muscle mass.

Some potential benefits and uses of Tongkat Ali include:

- 1. Enhancing Libido and Sexual Performance:**
Tongkat Ali is often used to improve sexual desire, performance, and overall virility in both men and women.
- 2. Boosting Testosterone Levels:** There is some scientific research suggesting that Tongkat Ali may have the ability to increase testosterone levels in men, which could have positive effects on muscle growth, energy levels, and overall well-being.
- 3. Reducing Stress and Anxiety:** Tongkat Ali has been traditionally used as an adaptogen, which means it may help the body adapt to stress and reduce anxiety.
- 4. Improving Athletic Performance:** Some athletes and bodybuilders use Tongkat Ali supplements with the belief that it can enhance physical performance and recovery.
- 5. Supporting Weight Management:** There are claims that Tongkat Ali can help with weight loss or weight management by improving metabolism and reducing body fat.

It's important to note that while there is some scientific research supporting these potential benefits, the evidence is not yet conclusive, and more studies are needed to fully understand the effects of Tongkat Ali on human health. If you're considering using Tongkat Ali supplements, it's a good idea to consult with a healthcare professional, especially if you have any underlying health conditions or are taking other medications.

Research:

<https://pubmed.ncbi.nlm.nih.gov/?term=tongkat+ali>

Responsible Cautions

- ▶ Keep out of reach of children and pets.
- ▶ If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- ▶ Do not use if band or inner seal are damaged or missing.

Storage: Product should be stored in a cool dry place away from direct light and heat. Keep bottle capped when not in use.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.